

Vanessa Sommaro Biography

- Founder of ChangeCoach since 2018.
- PCC ICF Certified Coach with over 2,000 coaching hours.
- 20 years of training facilitation and leadership coaching experience with corporate clients and NGOs.
- 10 years of marketing management in FMCG and New Media organisations.
- Business Owner and Investor



Vanessa specialises in helping clients navigate [conflict](#) resolution, develop [leadership and self-awareness](#), build [financial](#) competence, and gain a crystal-clear understanding of their core values—ensuring their actions align with their principles.

To deliver this depth of support, she holds accreditations in Cinergy® Conflict Management Coaching, Enneagram Assessments, Erickson Results Coaching, and Ontological Coaching. These models enable her to guide individuals and teams through transitions, fostering discovery, empowerment, and lasting impact.

Passionate about money management, Vanessa empowers her clients to develop financial wisdom and resilience. She believes that one's relationship with money reflects their broader approach to life—and that sound financial management is key to a fulfilling existence.

As a committed investor, Vanessa has renovated over five properties, uncovering a deep love for the creativity in breathing new life into older spaces. Her interest in financial systems also led her to actively trade options. Additionally, she proudly supports her husband's entrepreneurial ventures, contributing to the profitability of three trade companies: velocityelectrical.com.au, eversurefire.com.au, and vecharge.com.

Beyond her business pursuits, Vanessa has spent seven years addressing causes close to her heart—particularly teenage cyberbullying and responsible digital behaviour. She developed and delivered specialised programs for NGOs and schools, as well as support resources for parents guiding their children into healthy, fulfilled adulthood.

Vanessa's professional and personal journey has led her to live the life she always dreamed of. Now, she is dedicated to helping her clients do the same.

Based in Australia, Vanessa works with clients across three continents.