

Vanessa Sommaro Biography



- Founder of ChangeCoach since 2018.
- ICF Certified Coach with over 700 coaching hours.
- 17 years of training facilitation experience with corporate clients and NGOs.
- 10 years of marketing management in FMCG and New Media organisations.
- Business Owner and Investor



Vanessa specializes in using the Cinergy Conflict Management Coaching, Enneagram, Erickson Results Coaching and the Ontological Coaching model to help **individuals** and **teams** navigate through transitions, supporting them in their journey of discovery, interpersonal awareness, and growth.

She is passionate about **money management** and has worked with a variety of clients to help them with their finances. She believes the way you are with money is the way you are in life. Learning to manage money wisely is a key component to a fulfilling life.

She also works with **parents** who want to support their children in becoming healthy and fulfilled adults. As a coach, she has had the opportunity to work for 7 years with NGOs and schools to develop and deliver specific courses to address an issue close to her heart, namely teenage cyberbullying and the skill to use the online environment responsibly. This allowed Vanessa to support parents manage their approach to their children's growth.

Vanessa is a passionate **investor**. She has purchased and renovated over 5 properties because she enjoys the creativity involved in upgrading the old. She has learned and currently practices options trading because she loves pouring over company financials.

Together with her husband she manages three trade companies, namely www.velocityelectrical.com.au, www.eversurefire.com.au and www.vecharge.com.

She also works with **couples** who want to reignite their passion using the ontological model and the Enneagram couples' tool.

Her professional and personal experiences have brought her to live the life she has always dreamed of and she is dedicated to champion her clients to do the same.

She currently lives in Australia but has clients across 3 different continents.