

Vanessa Sommaro Biography

- Founder of ChangeCoach since 2018.
- ICF Certified Coach with over 900 coaching hours.
- 17 years of training facilitation experience with corporate clients and NGOs.
- 10 years of marketing management in FMCG and New Media organisations.
- Business Owner and Investor



Vanessa's specialization lies in assisting clients with **conflict** resolution, **leadership** development, **financial** competence, and achieving a crystal-clear understanding of their core values, ensuring actions align with principles.

To provide this level of expertise, she is accredited in Cinergy Conflict Management Coaching, Enneagram Assessments, Erickson Results Coaching, and Ontological Coaching models which she employs to support individuals and teams through transitions. This facilitates their journey of discovery, empowerment, and impact.

Passionate about money management, Vanessa has guided her clients to financial wisdom and resilience. She believes that one's approach to money mirrors their approach to life, and that managing finances wisely is crucial to a fulfilling life.

As an enthusiastic investor, Vanessa has renovated over five properties, discovering the passion for the creativity involved in revitalising the old. Her interest in company financials has also led her to practice options trading actively. Furthermore, she is proud to support her husband with his entrepreneurial pursuits focusing on realising profitability potential for three trade companies: velocityelectrical.com.au, eversurefire.com.au, and vecharge.com.

In addition to her business ventures, Vanessa has dedicated herself to addressing issues close to her heart, such as teenage cyberbullying and promoting responsible online behaviour. Over a span of seven years, she utilised her expertise to develop and deliver specialized courses for NGOs and schools in this domain. Her work further extended to aiding parents in their crucial role of nurturing their children into healthy, fulfilled adults.

Her professional and personal experiences have brought her to live the life she has always dreamed of, and she is dedicated to champion her clients to do the same.

She currently lives in Australia but has clients across 3 different continents.